

TORRENS VALLEY LITTLE ATHLETICS

CLUB RECORDS

Season 2010/11



U6	GIRLS			BOYS		
Event	Date	Perf	Name	Date	Perf	Name
40m	2006/07	8.4	Kate Pawlowski	2007/08	7.5	Chad Frazer
50m	2010/11	10.9	Brooklyn White	2010/11	10.6	Bradley Herrmann
70m	2006/07	15.0	Kate Pawlowski	2007/08	14.0	Chad Frazer
100m	2007/08	21.4	Siân Parker	2007/08	20.3	Chad Frazer
200m	2010/11	47.1	Megan Schapel	2007/08	44.4	Chad Frazer
300m	2010/11	1:19.0	Megan Schapel	2010/11	1:36.1	Bradley Herrmann
Shot put	2006/07	4.26m	Megan Taheny	2006/07	4.64m	Sam Pitman
Discus	2010/11	9.97m	Megan Schapel	2008/09	11.00m	Raine Watts
High jump	2006/07	0.75m	Kate Pawlowski	2010/11	0.85m	Bradley Herrmann
	2009/10	0.75m	Jorja Schroeder			
	2010/11	0.75m	Megan Schapel			
Long jump	2007/08	2.20m	Siân Parker	2010/11	2.44m	Bradley Herrmann
Vortex	2010/11	12.15m	Megan Schapel	2010/11	16.56	Brady Hoppo
U7	GIRLS			BOYS		
Event	Date	Perf	Name	Date	Perf	Name
60m H	2010/11	14.5	Caitlyn Westley	2008/09	14.5	Chad Frazer
				2010/11	14.5	Jack Hefford
40m	2007/08	8.4	Maggy Howell	2006/07	7.7	Jacob Hensleigh
50m	2010/11	10.2	Caitlyn Westley	2010/11	11.0	Jack Hefford
70m	2006/07	13.0	Samantha Fordred	2006/07	13.2	Jacob Hensleigh
100m	2010/11	17.0	Caitlyn Westley	2006/07	18.4	Jacob Hensleigh
200m	2010/11	45.0	Zara Witter	2008/09	42.9	Chad Frazer
500m	2010/11	2:19.3	Zara Witter	2010/11	2:32.6	Jack Hefford
Shot put	2006/07	5.44m	Samantha Fordred	2007/08	5.31m	Ky Harrison
Discus	2008/09	12.29m	Taylor Davis	2009/10	12.48m	Max Bubner
High jump	2008/09	0.89m	Leticia Foster	2008/09	0.95m	Chad Frazer
Long jump	2010/11	2.82m	Kaylee McRostie	2010/11	2.96m	Jack Hefford
Vortex	2010/11	14.40	Zara Witter	2009/10	13.89	Max Bubner
U8	GIRLS			BOYS		
Event	Date	Perf	Name	Date	Perf	Name
60m H	2006/07	12.5	Rebecca Taheny	2008/09	13.1	Ky Harrison
70m	2008/09	11.6	Maggy Howell	2008/09	11.5	Ky Harrison
100m	2008/09	18.3	Maggy Howell	2007/08	18.6	Kane Hodgson
				2008/09	18.6	Ky Harrison
200m	2007/08	40.0	Emily Hodgson	2009/10	37.9	Chad Frazer
500m	2009/10	1:59.0	Taylor Davis	2009/10	1:54.0	Connor Willsmore
700m	2010/11	3:12.6	Brianna Trunks	2010/11	3:37.0	Tander McDiarmid
Shot put	2006/07	4.81m	Rebecca Taheny	2006/07	9.10m	Dray Harrison
Discus	2006/07	13.73m	Rebecca Taheny	2009/10	12.28m	Connor Willsmore
High jump	2006/07	0.97m	Rebecca Taheny	2009/10	1.00m	Chad Frazer
Long jump	2007/08	2.86m	Emily Hodgson	2007/08	3.63m	William Cameron
Vortex	2009/10	15.90	Taylor Davis	2009/10	23.40	Nicholas Schapel

Note that TVLAC Records for Under 6 to Under 8 Athletes have only been recorded since the 2006/07 season

U9	GIRLS			BOYS		
Event	Date	Perf	Name	Date	Perf	Name
60m H	1985/86	11.0	Rebecca Gladigau	1987/88	10.0	Nathan Stokes
70m	1985/86	10.9	Louise Burns	1985/86	10.9	Andrew Hawkes
100m	1985/86	15.5	Louise Burns	1987/88	14.8	Nathan Stokes
200m	1985/86	33.7	Louise Burns	1985/86	32.5	Andrew Hawkes
400m	1982/83	1:24.8	Tanya Assender	1981/82	1:25.4	Scott Klose
800m	1981/82	3:05.0	Karina Freak	1985/86	2:53.0	Andrew Hawkes
700m W	1994/95	4:58.1	Emma Hartwell	1995/96	4:42.0	Aaron Dew
800m W	1985/86	5:42.0	Rebecca Gladigau	1991/92	5:37.0	Matthew Crafter
Shot put	2003/04	6.14m	Rebecca Larecki	1987/88	9.16m	Nathan Stokes
Discus	1981/82	18.40m	Karina Freak	1981/82	21.98m	Scott Klose
High jump	1981/82	1.14m	Karina Freak	1981/82	1.20m	Scott Klose
Long jump	1985/86	3.60m	Louise Burns	1987/88	3.91m	Nathan Stokes
Vortex	2009/10	13.80m	Erin Lord	2010/11	22.00m	Eddie Herft

U10	GIRLS			BOYS		
Event	Date	Perf	Name	Date	Perf	Name
60m H	1986/87	11.2	Louise Burns	1986/87	10.0	Andrew Hawkes
70m	1986/87	11.0	Louise Burns	1986/87	10.4	Andrew Hawkes
100m	1986/87	15.6	Louise Burns	1986/87	15.0	Andrew Hawkes
200m	1982/83	34.8	Tanya Assender	1986/87	32.2	Andrew Hawkes
400m	1982/83	1.20.1	Karina Freak	1992/93	1.18.2	Matthew Crafter
800m	1982/83	2.59.0	Karina Freak	1981/82	2.54.2	Adam Newton
800m W	1992/93	5.11.0	Amy Eastham	1991/92	5.07.0	Todd Wigzell
1100m W	1995/96	8.13.6	Emma Hartwell	1996/97	7.37.0	Aaron Dew
Shot put	2004/05	7.43m	Rebecca Larecki	1986/87	9.15m	Andrew Hawkes
Discus	1979/80	20.96m	Robyn Dewell	1982/83	26.40m	Scott Klose
High jump	1982/83	1.25m	Karina Freak	1982/83	1.36m	Scott Klose
Long jump	1982/83	3.69m	Karina Freak	1982/83	3.90m	Scott Klose
				2010/11	3.90m	Samuel Wastell
Triple jump	2007/08	7.03m	Shannon Hassett	1998/99	7.54m	Aaron Wingrove
Vortex	2010/11	24.00m	Erin Lord	2009/10	32.04m	James Neale
U11	GIRLS			BOYS		
Event	Date	Perf	Name	Date	Perf	Name
60m H	1987/88	11.9	Rebecca Gladigau	1987/88	10.9	Andrew Hawkes
100m	2007/08	15.1	Amy Schultz	1987/88	13.8	Andrew Hawkes
200m	1979/78	32.2	Sherilyn Freak	1987/88	31.1	Andrew Hawkes
400m	1983/84	1.14.1	Karina Freak	1987/88	1.12.9	Andrew Hawkes
800m	1983/84	2.37.2	Karina Freak	1981/82	2.42.6	Simon Cook
1500m	1994/95	6.18.0	Susan Brewerton	1981/82	5.52.7	Simon Cook
Shot put	2005/06	9.31m	Rebecca Larecki	2001/02	8.46m	Neil Worden
Discus	2005/06	23.59m	Rebecca Larecki	1987/88	23.16	Andrew Hawkes
Javelin	2005/06	22.82m	Rebecca Larecki	1999/00	26.28m	Aaron Wingrove
High jump	1983/84	1.37m	Karina Freak	1983/84	1.35m	Scott Klose
Long jump	1983/84	4.09m	Karina Freak	1987/88	4.27m	Andrew Hawkes
Triple jump	1979/80	8.47m	Penny Dewell	1980/81	8.92m	Andre Crispe
Vortex	2010/11	19.30m	Emily Hodgson	2010/11	36.35m	James Neale
U12	GIRLS			BOYS		
Event	Date	Perf	Name	Date	Perf	Name
60m H	1988/89	11.10	Rebecca Gladigau	1988/89	10.1	Andrew Hawkes
100m	2006/07	14.9	Rebecca Larecki	1982/83	14.2	Simon Cook
	2010/11	14.9	Jessica Coates			
200m	1985/86	32.90	Jaqueline McQueen	1988/89	30.0	Andrew Hawkes
400m	1980/81	1.15.3	Penny Dewell	1982/83	1.09.1	Simon Cook
800m	1984/85	2.59.0	Karina Freak	1982/83	2.31.3	Simon Cook
1500m	1981/82	6.05.5	Karen Day	1982/83	5.09.7	Simon Cook
Shot put	2006/07	9.80m	Rebecca Larecki	1994/95	8.50m	Ben Johnston
Discus	2006/07	26.06m	Rebecca Larecki	1985/86	28.02m	Jesse Croci
Javelin	2006/07	24.60m	Rebecca Larecki	1994/95	26.56m	Ryan Dew
High jump	2006/07	1.36m	Rebecca Larecki	2004/05	1.37m	Joshua Taylor
Long jump	1984/85	4.17m	Karina Freak	1988/89	4.65m	Andrew Hawkes
Triple jump	2006/07	9.45m	Rebecca Larecki	1979/80	9.20m	Ivan Muster
U13	GIRLS			BOYS		
Event	Date	Perf	Name	Date	Perf	Name
80m H	1993/94	18.4	Corin Wilkinson	2007/08	17.0	Jacob Reading
90m H	1986/87	18.4	Jacqueline McQueen	1987/88	14.9	Matthew Curry
100m	1981/82	14.3	Sarah Cook	1987/88	13.1	Matthew Curry
200m	1981/82	31.1	Sarah Cook	1987/88	29.8	Matthew Curry
400m	1981/82	1.12.3	Sarah Cook	1980/81	1.12.4	Ivan Muster
800m	1981/82	2.47.9	Sarah Cook	1995/96	2.47.0	Matthew Crafter
1500m	1993/94	6.05.0	Emma Crafter	1995/96	5.34.0	Matthew Crafter
800m W	1982/83	4.30.0	Karen Day	1986/87	5.11.0	Heath Gladigau
1500m W	1982/83	9.00.1	Karen Day	1994/95	10.02.0	Philip Schutz
Shot put	1995/96	10.30m	Amy Eastham	1987/88	10.07m	Matthew Curry
Discus	1985/86	18.94m	Karina Freak	1987/88	29.96m	Matthew Curry
Javelin	1995/96	23.24m	Amy Eastham	1995/96	25.75m	Ryan Dew
High jump	1981/82	1.40m	Sherilyn Freak	1980/81	1.44m	Ivan Muster
Long jump	1981/82	4.30m	Jodie Eichler	1987/88	4.51m	Matthew Curry
Triple jump	1980/81	9.17m	Carol Muir	1979/80	9.75m	Darren Starick

U14	GIRLS			BOYS		
Event	Date	Perf	Name	Date	Perf	Name
80m H	1999/00	17.1	Meegan Tregenza			
90m H	1986/87	18.2	Karina Freak	1987/88	15.5	Heath Gladigau
100m	1987/88	13.8	Jacqueline McQueen	2007/08	12.8	Sam Birtles
200m	1989/90	30.1	Naomi Wills	2007/08	27.9	Sam Birtles
400m	1989/90	1.10.0	Naomi Wills	1991/92	1.13.0	Ryan Wilkinson
800m	1994/95	2.52.0	Emma Crafter	1991/92	2.40.0	Ryan Wilkinson
1500m	1994/95	6.03.3	Emma Crafter	1996/97	5.27.7	Matthew Crafter
Shot put	1999/00	7.73m	Meegan Tregenza	2007/08	9.70m	Sam Birtles
Discus	1984/85	20.04m	Belinda Freak	1988/98	34.18m	Matthew Curry
Javelin	1999/00	15.35m	Meegan Tregenza	1991/92	28.82m	Robert Watkins
High jump	1986/87	1.35m	Karina Freak	1988/89	1.57m	Matthew Curry
	2006/07	1.35m	Kirilee Hay			
Long jump	1989/90	4.32m	Naomi Wills	1988/89	5.11m	Matthew Curry
Triple jump	2006/07	9.17m	Kirilee Hay	2007/08	10.37m	Sam Birtles
U15	GIRLS			BOYS		
Event	Date	Perf	Name	Date	Perf	Name
90m H	1995/96	20.7	Belinda Wylde	1992/93	14.9	Robert Watkins
100m H				2003/04	16.9	Luke Worden
100m	2007/08	15.2	Cassy Neale	1997/98	12.9	Matthew Crafter
200m	2007/08	34.8	Cassy Neale	1992/93	26.9	Duncan Henderson
				1992/93	26.9	Robert Watkins
400m	1983/84	1.16.5	Sherilyn Freak	1997/98	1.07.0	Matthew Crafter
800m	1995/96	2.52.2	Emma Crafter	1997/98	2.38.0	Matthew Crafter
1500m	1995/96	5.50.3	Emma Crafter	1997/98	5.01.0	Matthew Crafter
Shot put	1983/84	7.59m	Sherilyn Freak	1992/93	11.61m	Robert Watkins
Discus	1995/96	17.76m	Toni Manning	2003/04	31.46m	Luke Worden
Javelin	2007/08	16.25m	Cassy Neale	1992/93	31.74m	Robert Watkins
High jump	1983/84	1.50m	Sherilyn Freak	1995/96	1.45m	Jason Dew
Long jump	1983/84	4.07m	Sherilyn Freak	1992/93	5.07m	Robert Watkin
Triple jump	1983/84	9.22m	Sherilyn Freak	1997/98	10.88m	Matthew Crafter
U16	GIRLS			BOYS		
Event	Date	Perf	Name	Date	Perf	Name
90m H	2001/02	22.4	Louise Turner			
100m H				1998/99	16.9	Matthew Crafter
100m	2001/02	17.4	Louise Tuner	2007/08	12.3	Ben Birtles
200m	2001/02	41.0	Louise Turner	1998/99	26.8	Matthew Crafter
400m	2003/04	1.38.2	Kate English	1998/99	59.5	Matthew Crafter
800m	2003/04	4.23.6	Kate English	1998/99	2.28.2	Matthew Crafter
1500m	2003/04	10.22.7	Kate English	1998/99	5.03.6	Matthew Crafter
Shot put	2003/04	8.25m	Kate English	2007/08	10.06m	Ben Birtles
Discus	2003/04	18.03m	Kate English	2007/08	31.51m	Ben Birtles
Javelin	2003/04	11.95m	Kate English	2007/08	33.30m	Ben Birtles
High jump	2001/02	1.11m	Louise Turner	2007/08	1.68m	Ben Birtles
Long jump	2003/04	3.26m	Kate English	2007/08	5.35m	Ben Birtles
Triple jump	2003/04	7.84m	Kate English	2007/08	11.80m	Ben Birtles

H = Hurdles

W = Walk